The Fate and Transport of Phosphorus in Turfgrass Ecosystems

Douglas J. Soldat* and A. Martin Petrovic

ABSTRACT
Phosphorus losses from turfgrass areas are perceived to contribute to water quality problems, yet a comprehensive review of P fate in turfgrass ecosystems is lacking. According to available data in the literature, phosphorus fertilizer inputs (2–10 kg ha⁻¹) slightly exceed the estimated outputs of phosphorus in clippings (0.4–7.5 kg ha⁻¹). Sediment losses from turf areas are negligible, generally limited to establishment, but runoff and leaching losses of P vary from inconsequential to severe depending on rate, source, and timing of fertilizer application. Soil properties were found to have a larger effect on runoff volume than vegetative properties. Highest runoff and leaching losses of P occurred when rainfall occurred or was simulated shortly after P fertilizer application. Leaching losses of P have historically been considered relatively minor; however, the limited research results available indicate that annual P leaching losses from mineral soils (0.2–0.7 kg ha⁻¹) are similar in magnitude to runoff-P losses from turfgrass systems. One major gap in the knowledge is how P sources other than fertilizer (i.e., soil and plant tissue) and irrigation affect runoff and leaching losses of P.

Poor water quality is a widespread problem for many of the surface water bodies in the U.S. Excessive nutrient levels are responsible for water quality impairment in 20% of rivers and streams and 50% of lakes and reservoirs (USEPA, 2002). There is considerable evidence that P is the limiting nutrient for unwanted algal growth in most fresh surface-water bodies (Correll, 1998) and excessive P inputs will often result in a decline in surface water quality. Phosphorus can enter a water body through point sources, such as sewage or industrial outfalls, or through nonpoint sources, which arise from spatially and temporally variable areas of the landscape. Nonpoint sources typically include crop management systems and other land uses where P-containing materials are applied. Agricultural and urban areas are cited as the two most important contributors to nonpoint-source pollution (Carpenter et al., 1998).

In the last few decades a significant amount of research has been conducted on agricultural losses of P as summarized by Sims and Sharpley (2005). The results of such research have led to the development of risk assessment tools and management strategies for reducing P loss from agricultural land. However, far less work has been conducted on P losses from urban and suburban areas, despite the fact that these areas are growing at a rate of 567,000 ha yr⁻¹.

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Abbreviations: BMPs, best management practices; DP, dissolved phosphorus; MRP, molybdate reactive phosphorus; TDP, total dissolved phosphorus; TP, total phosphorus; TSS, total suspended solids.
(Heimlich and Anderson, 2001). Turfgrass is the dominant component of pervious areas in urban and suburban landscapes (Milesi et al., 2005) and is highly managed in some settings. Because of the growing importance of P loss from turfgrass areas, we felt a review and synthesis of the current body of literature related to turfgrass-P losses was needed to assess the variability of P losses from a range of turfgrass ecosystems, and identify relevant knowledge gaps that can guide future P-related turfgrass research.

**PHOSPHORUS CYCLE IN TURFGRASS ECOSYSTEMS**

**Phosphorus Inputs**

The primary P input to turfgrass systems is surface-applied organic or inorganic fertilizers. Homeowners and other non-professional turfgrass managers usually apply fertilizer to meet N requirements, and therefore, the amount of P applied is dependent on the fertilizer’s N:P ratio. Following the fertilizer label directions of various so-called “four step programs” will result in the application of 16 to 73 kg P₂O₅ ha⁻¹ yr⁻¹ (7–32 kg P ha⁻¹ yr⁻¹), depending on the product or manufacturer. The leading commercial four-step program results in the application of 7 kg P ha⁻¹ yr⁻¹. Organic fertilizers typically have greater N:P ratios than inorganic fertilizers and will result in 39 to 122 kg P₂O₅ ha⁻¹ yr⁻¹ (17–54 kg P ha⁻¹ yr⁻¹) when fertilizer is applied at the manufacturer’s typically recommended annual rate of 195 kg N ha⁻¹ yr⁻¹.

The actual amount of P fertilizer applied to turfgrass is fairly difficult to know with much accuracy on a large scale, but generalizations can be made using surveys, fertilizer sales data, and information on turfgrass area in the landscape. A recent survey of the turfgrass management practices in five communities in North Carolina revealed that 54 to 83% (varied by community) of homeowners apply fertilizer at least once per year (Osmond and Hardy, 2004). This finding was corroborated by a Georgia survey that found 76% of homeowners apply fertilizer to their lawns, although the amount of fertilizer could not be determined (Varlamoff et al., 2001). Annual N application rates for the North Carolina homeowners applying fertilizer ranged from 24 to 151 kg N ha⁻¹ yr⁻¹, suggesting that P applied by homeowners is significantly lower than the amounts recommended by fertilizer manufacturers (150–200 kg N ha⁻¹). Data compiled by The Scott’s Company reports that 56% of the 90 million homeowners in the U.S. apply lawn fertilizer (Augustin, 2007). Of the fertilized lawns, the average number of annual fertilizer applications was reported to be 1.8, which includes an estimated 10 million lawns serviced by a professional lawn-care company (five fertilizer applications per year were assumed for this group). The preceding information suggests that the average number of annual fertilizer applications for all home lawns in the US is 1.1. Using the data on actual homeowner fertilization practices and the range in P₂O₅ content for inorganic commercial lawn fertilizers listed in the previous paragraph, P fertilizer inputs to a suburban ecosystem are probably between 4 to 22 kg P₂O₅ ha⁻¹ yr⁻¹ (2–10 kg P ha⁻¹ yr⁻¹). If the leading manufacturer’s product is assumed for all applications, then the national P input to lawns is 2 kg P ha⁻¹ yr⁻¹. However, this estimate is considerably lower than that found by a recent survey to assess watershed-scale N inputs from lawn fertilization in Baltimore County, MD (Law et al., 2004). The authors estimated mean N inputs to fertilized lawns to be 96 kg N ha⁻¹ yr⁻¹. If an N:P ratio of 10:1 is assumed for the fertilizer applied, then the phosphorus application was 9.6 kg P ha⁻¹ yr⁻¹. In that study, 32 to 44% of respondents did not fertilize, resulting in an average P input of 5.4 to 6.5 kg P ha⁻¹ yr⁻¹ to residential lawns.

Another secondary, but potentially important P input is atmospheric deposition. Annual wet atmospheric deposition inputs of P (from precipitation) for a small watershed in Upstate New York were 0.15 kg ha⁻¹ (Easton and Petrovic, 2008); and wet and dry atmospheric deposition inputs amounted to 0.77 kg ha⁻¹ yr⁻¹ for the Upper Poto mac River Basin (Jaworski et al., 1992). Dry deposition of phosphorus occurs from accumulation of solids such as dust and other aerosols (Carbo et al., 2005).

**Phosphorus Outputs**

**Clipping Removal of Phosphorus**

When P is not the growth limiting nutrient, the amount of P removed by clippings is dependent on the growth rate of the turfgrass, which is influenced by species, temperature, available moisture, and N application rate. Turfgrass tissue typically contains 2.0 to 5.0 g P kg⁻¹ of dry matter (Guillard and Dest, 2003; Johnson et al., 2003; Miller and Thomas, 1999). Kopp and Guillard (2002) found average clipping production of mixed stands of cool-season grasses from two sites in Connecticut to be 1000 to 3000 kg ha⁻¹ (depending on N fertilization rate) when clippings were removed. Therefore, in temperate climates, removing clippings could result in the removal of 2 to 15 kg P ha⁻¹ yr⁻¹. Supporting this calculation, Easton and Petrovic (2004) reported P annual clipping removal of a mixed stand of *P. pratensis* and *Lolium perenne* L. in New York to be 4 to 13 kg ha⁻¹ dependent on fertilizer rate and source. If clippings were removed from all lawns, it appears that outputs might exceed inputs. Very little information exists regarding the percentage of homeowners who actually remove clippings from their lawns. Osmond and Hardy (2004) found 50% of homeowners in five communities in North Carolina collected and removed grass clippings from their lawns compared to 20% in Edina, MN (Carpenter and Meyer, 1999). Therefore, based on the rudimentary data available, the primary inputs of fertilizer...
(2–10 kg P ha\(^{-1}\) yr\(^{-1}\)) appears to be slightly greater than the estimated outputs of clippings (0.4–7.5 kg P ha\(^{-1}\) yr\(^{-1}\)). If these data are reliable, soil P levels would be expected to remain constant or increase slightly over a number of years. However, very limited information about the historical trends in soil P levels for turfgrass areas is available. Bennett et al. (2004) randomly sampled soils from cash grain, dairy farm, prairie, and lawn soils in the Madison, WI area. They found that home lawns had greater soil P levels compared to prairie, but were lower than those of the surrounding cash grain and dairy farm soils from which the lawn soils were likely derived as the suburbs encroached on agricultural land. Historical analysis of soil samples submitted to soil testing laboratories would be beneficial to validate the above predictions of P levels in lawns and turfgrass areas.

**Sediment Losses from Turfgrass Systems**

Dense stands of grass have long been known to be effective at reducing soil erosion. In 1935 Hugh H. Bennett, regarded by the National Resource Conservation Service (NRCS) as the father of soil conservation, wrote: “The importance of grass as a means of controlling erosion is so great that this paper may appropriately be prefaced with the assertion that where there is a good cover of grass there is no serious problem of erosion.” (Bennett, 1935). Today, grass buffer strips and vegetated waterways are two commonly employed best management practices (BMPs) for minimizing sediment loss from agricultural areas (Sims and Kleinman, 2005). The effectiveness of grassed waterways and vegetated buffers at reducing sediment and P loss is highly variable and found to depend on such factors as runoff volume input and physical characteristics of the site (soil, slope) and grass waterway or buffer strip (width, grass type, density, management). Vegetated filter strips and waterways function primarily to reduce erosion and particulate P loads, but also have been shown to decrease soluble P load in runoff by reducing runoff volume (Abu-Zreig et al., 2003; Fiener and Auerswald, 2003).

Turfgrass forms a dense ground cover with shoot density ranging from 7500 to 2 million shoots m\(^{-2}\) (Beard and Green, 1994), depending on turfgrass species and management. Consequently, sediment loss from turfgrass areas has been found to be very low (Table 1). Linde and Watschke (1997) found no detectable sediment in 83% of 237 runoff samples from creeping bentgrass and perennial ryegrass turf. Sediment losses from natural rainfall events on cool-season turfgrass species ranged from undetectable (Kussow, 1996), to very low (3.2–16.2 kg ha\(^{-1}\); Gross et al., 1990). Gross et al. (1991) used simulated rainfall to generate sediment losses from bare soil and low-density turfgrass. They found that even at low turf density (57 tillers dm\(^{-2}\)), sediment loss were reduced by an order of magnitude compared to sediment losses from bare soil (Table 1). Similarly, Krenitsky et al. (1998) found turfgrass sod to be an extremely effective erosion control material for construction sites, with sediment reductions of 99% compared to bare soil. Sediment losses from turfgrass and a prairie mixture of legumes, grasses, and forbs were compared by Steinke et al. (2007). The authors found sediment losses from turfgrass to be 1.9 kg ha\(^{-1}\) yr\(^{-1}\) during the growing season, and 231 kg ha\(^{-1}\) yr\(^{-1}\) during runoff when soil was frozen. Sediment losses from the prairie were 13.2 kg ha\(^{-1}\) yr\(^{-1}\) during the growing season and 210 kg ha\(^{-1}\) yr\(^{-1}\) when soil was frozen.

Sediment losses from turfgrass have also been measured on a watershed scale. Researchers in Kansas monitored stream water quality of a native grassland watershed before, during, and after the conversion of a prairie to an 18-hole golf course (Starrett et al., 2006). In-stream total suspended solids (TSS) before construction were 477 mg L\(^{-1}\). During construction, TSS increased to 2754 mg L\(^{-1}\), and dropped to 550 mg L\(^{-1}\), a 15% increase from the pre-construction level, during the early stages of golf course operation. Stream discharge was not monitored; changes in discharge would likely affect sediment loading. Total suspended solids in 24 tributaries to the Mississippi River near St. Paul, MN ranged from 2 to 768 kg ha\(^{-1}\) yr\(^{-1}\) (mean of 218 kg ha\(^{-1}\) yr\(^{-1}\); Kloiber, 2006).

Sediment losses from managed grassland systems are typically greater than those from turfgrass areas. A review reported sediment losses of 130 to 2231 kg ha\(^{-1}\) yr\(^{-1}\) from New Zealand pastures (Gillingham and Thorrold, 2000). Smith et al. (1992) reported sediment losses ranging from 29 to 25,019 kg ha\(^{-1}\) yr\(^{-1}\) from several grasslands in Oklahoma of varying land use and condition.

**Runoff Losses in Turfgrass Systems**

Runoff research on turfgrass can be sorted into three general categories (i) plot-scale, worst-case scenario research where runoff is simulated on small plots shortly after a fertilizer application is made, (ii) plot-scale research where runoff is collected from natural precipitation or rainfall events, and (iii) watershed-scale research where runoff losses from turfgrass areas are estimated by changes in flow and P concentration of a water body flowing through a turfgrass-dominated landscape.

The studies documenting P runoff losses from turfgrass are summarized in Table 2. In general, P runoff losses from simulated rain events on recently fertilized turfgrass areas (worst-case scenario) have been shown to vary with rate of P application, with greater losses occurring from higher rates of P application. A portion of the P in runoff can be easily traced back to fertilizer when unfertilized control plots are included in the study. Losses of P from these types of studies have ranged from <1 to 18% of fertilizer P applied, with single-event P loads from 0.04 to 3.1 kg ha\(^{-1}\) (Table 2).
Phosphorus runoff losses from natural events at the plot-scale are expectedly lower than those of the worst-case scenario group. In natural, plot-scale studies, annual P loads ranged from 0.26 to 2.1 kg ha\(^{-1}\) yr\(^{-1}\) (Table 2), similar in magnitude to single-event worst-case scenario events. It is informative that a single intense runoff event immediately following a fertilizer application could account for a “normal” year’s worth of P loss from a site. In some cases, P runoff losses from unfertilized (no N or P) turfgrass areas have been found to be greater than P losses from fertilized turfgrass (Table 2). The watershed-scale studies reported annual P losses from golf courses of 0.02 to 2.05 kg ha\(^{-1}\) (Table 2), with approx. 80% of runoff occurring during frozen soil conditions.

<table>
<thead>
<tr>
<th>Ground cover</th>
<th>Turf density</th>
<th>Soil type</th>
<th>Slope</th>
<th>Runoff generation process and study scale</th>
<th>Sediment loss kg ha(^{-1})</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Festuca arundinacea Schreb./P. pratensis</td>
<td>NR</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>5-7</td>
<td>Natural plot-scale 295 mm yr(^{-1}), over 2 yr</td>
<td>3.2–16.2 yr(^{-1})</td>
<td>Gross et al., 1990</td>
</tr>
<tr>
<td>F. arundinacea</td>
<td>0</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>8</td>
<td>Simulated plot-scale 76 mm h(^{-1}), 0.5 h</td>
<td>44.4 event(^{-1})</td>
<td>Gross et al., 1991</td>
</tr>
<tr>
<td></td>
<td>21</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>76 mm h(^{-1}), 0.5 h</td>
<td>12.0 event(^{-1})</td>
<td></td>
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<tr>
<td></td>
<td>57</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>94 mm h(^{-1}), 0.5 h</td>
<td>68.4 event(^{-1})</td>
<td></td>
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<tr>
<td></td>
<td>0</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>94 mm h(^{-1}), 0.5 h</td>
<td>15.0 event(^{-1})</td>
<td></td>
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<tr>
<td></td>
<td>21</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>120 mm h(^{-1}), 0.5 h</td>
<td>103.8 event(^{-1})</td>
<td></td>
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<tr>
<td></td>
<td>57</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>120 mm h(^{-1}), 0.5 h</td>
<td>21.0 event(^{-1})</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Poa pratensis L.</td>
<td>NR†</td>
<td>Troxel silt loam (Pachic Agriudoll)</td>
<td>6</td>
<td>Natural plot-scale 780 mm yr(^{-1}), over 6 yr</td>
<td>0.0 yr(^{-1})</td>
<td>Kussow, 1996</td>
</tr>
<tr>
<td>Sprigged Cynodon dactylon</td>
<td>NR</td>
<td>Booneville fine sandy loam (Pachic Agricyrroll)</td>
<td></td>
<td>Natural plot-scale 247 mm(^{-1}) fall 2000 98 mm(^{-1}) spring 2001</td>
<td>104–146 yr(^{-1})</td>
<td>Vietor et al., 2004</td>
</tr>
<tr>
<td>Sodded C. dactylon</td>
<td>NR</td>
<td>Hagerstown clay (Typic Hapludolf)</td>
<td>9–11</td>
<td>Simulated plot-scale 152 mm h(^{-1}), 0.25 h(^{-1})</td>
<td>0.10–0.19 event(^{-1})</td>
<td>Kauffman and Watschke, 2007</td>
</tr>
<tr>
<td>Established C. dactylon</td>
<td>NR</td>
<td>Hagerstown clay (Typic Hapludolf)</td>
<td></td>
<td>Simulated plot-scale 152 mm h(^{-1}), 0.20 h(^{-1})</td>
<td>0.15–0.33 event(^{-1})</td>
<td></td>
</tr>
<tr>
<td>L. perenne</td>
<td>NR</td>
<td>Hagerstown clay (Typic Hapludolf)</td>
<td></td>
<td>Simulated plot-scale 152 mm h(^{-1}), 0.20 h(^{-1})</td>
<td>231 yr(^{-1})</td>
<td>Steinke et al., 2007</td>
</tr>
<tr>
<td>P. pratensis</td>
<td>2% bare soil</td>
<td>Batavia silt loam (Fluvaquentic Endoaquoll)</td>
<td>6</td>
<td>Natural plot-scale 817.4 mm yr(^{-1}), over 2 yr</td>
<td>1.9 yr(^{-1})</td>
<td></td>
</tr>
<tr>
<td>Prairie mixture of legumes, grasses and forbs</td>
<td>36% bare soil</td>
<td>Batavia silt loam (Fluvaquentic Endoaquoll)</td>
<td>6</td>
<td>152 mm h(^{-1}), 0.20 h(^{-1})</td>
<td>210 yr(^{-1})</td>
<td></td>
</tr>
<tr>
<td></td>
<td>36% bare soil</td>
<td>Batavia silt loam (Fluvaquentic Endoaquoll)</td>
<td>6</td>
<td>817.4 mm yr(^{-1}), over 2 yr</td>
<td>13.2 yr(^{-1})</td>
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</tbody>
</table>

Phosphorus runoff losses from natural events at the plot-scale are expectedly lower than those of the worst-case scenario group. In natural, plot-scale studies, annual P loads ranged from 0.26 to 2.1 kg ha\(^{-1}\) yr\(^{-1}\) (Table 2), similar in magnitude to single-event worst-case scenario events. It is informative that a single intense runoff event immediately following a fertilizer application could account for a “normal” year’s worth of P loss from a site.

In some cases, P runoff losses from unfertilized (no N or P) turfgrass areas have been found to be greater than P losses from fertilized turfgrass (Table 2). The watershed-scale studies reported annual P losses from golf courses of 0.02 to 2.05 kg ha\(^{-1}\). The study that found the highest P loss (2.05 kg ha\(^{-1}\), Kunimatsu et al., 1999) failed to quantify the P exported by a wastewater treatment plant operating within the golf course watershed. Excluding that study, the watershed exports of P have been found to be at or below 0.51 kg ha\(^{-1}\) yr\(^{-1}\); generally lower than annual P export estimates from natural event plot-scale research, which suggest these studies tend to overestimate runoff P losses from turfgrass areas. Carroll et al. (2007) found that large runoff plots (465 m\(^{2}\)) have greater total P (TP) losses than small plots (118 m\(^{2}\)); however, the runoff processes at the plot-scale are likely different that those working at the watershed scale.

Phosphorus runoff load to a water body is the product of P concentration in runoff and runoff volume. Therefore, P loads can be reduced by reducing either P concentration or runoff volume. Researchers have studied the mechanisms of runoff volume reduction in turfgrass systems. Gross et al. (1990) seeded tall fescue (*Festuca arundinacea* Schreb.) at different rates into a sandy loam soil to achieve a range in turfgrass shoot density. Simulated rainfall was applied to force runoff from the plots. No differences in runoff volume were detected for shoot densities ranging from 867 to 5692 tillers m\(^{-2}\), a range on the low end of commonly observed turfgrass densities. In contrast, Easton et al. (2005) found that infiltration increased from 7 to 21 cm h\(^{-1}\) as turfgrass shoot density increased from 60,000 to 120,000 shoots m\(^{-2}\). In their study, fertilized
<table>
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<tr>
<th>Ground cover</th>
<th>Soil type</th>
<th>Slope</th>
<th>Runoff generation process and study scale</th>
<th>P source (N-P-K)</th>
<th>P application rate</th>
<th>P load</th>
<th>P conc. in runoff</th>
<th>Loss of applied P†</th>
<th>Reference (form‡ of P measured)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cool season lawns in Wisconsin</td>
<td>Heavily disturbed silt loam</td>
<td>4–8</td>
<td>Simulated plot-scale 120 mm h⁻¹, 1.5 h</td>
<td>NR</td>
<td>0</td>
<td>0.9 event⁻¹</td>
<td>0.4</td>
<td>7.2</td>
<td>Kelling and Peterson, 1975 (DRP)</td>
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<tr>
<td>Undisturbed silt loam over sandy loam</td>
<td>Heavy clay loam</td>
<td>4–8</td>
<td>Simulated plot-scale 120 mm h⁻¹, 1.5 h</td>
<td>NR</td>
<td>0</td>
<td>0.05 event⁻¹</td>
<td>0.05</td>
<td>2.1</td>
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<tr>
<td>F. arundinacea + P. pratensis</td>
<td>Westphalia fine sandy loam (Typic Hapludult)</td>
<td>5–7</td>
<td>Natural plot-scale 295 mm yr⁻¹, over 2 yr</td>
<td>NR</td>
<td>0</td>
<td>0.01–0.04</td>
<td>NR</td>
<td>N/A</td>
<td>Gross et al., 1990 (TP)</td>
</tr>
<tr>
<td>Cynodon dactylon L.</td>
<td>Kirkland silt loam (Udertic Paleustoll)</td>
<td>6</td>
<td>Simulated plot-scale 51–64 mm h⁻¹, 1.3–2.3 h Without buffer (2.4–4.9 m)</td>
<td>NR</td>
<td>0</td>
<td>0.06 event⁻¹</td>
<td>0.42</td>
<td>N/A</td>
<td></td>
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<tr>
<td>L. perenne or A. stolonifera var. palustris</td>
<td>Hagerstown clay, depth to bedrock 5–60 cm (Typic Hapludult)</td>
<td>9–11</td>
<td>Natural plot-scale 210 mm yr⁻¹, over 2 yr</td>
<td>MAP# (19–1.3–15)</td>
<td>6 (year 1) 11</td>
<td>0.0–0.2 yr⁻¹</td>
<td>1.6–6.6</td>
<td>No control</td>
<td>Linde and Watschke, 1997 (MRP)</td>
</tr>
<tr>
<td>Chamaecyparis obtuse (Japanese Cypress)</td>
<td>NR NR</td>
<td>NR</td>
<td>Natural watershed-scale 1947 mm⁻¹ in 1989 2054 mm⁻¹ in 1990</td>
<td>MAP# (19–1.3–15)</td>
<td>6 (year 1) 11</td>
<td>0.0–0.6 event⁻¹</td>
<td>NR</td>
<td>No control</td>
<td>Kunimatsu et al., 1999 (DRP)</td>
</tr>
<tr>
<td>Zoysia Matrella MERR.</td>
<td>NR NR</td>
<td>NR</td>
<td>Natural watershed-scale 1947 mm⁻¹ in 1989 2054 mm⁻¹ in 1990</td>
<td>NR</td>
<td>21</td>
<td>2.05 yr⁻¹</td>
<td>0.081</td>
<td>N/A</td>
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<tr>
<td>C. dactylon and L. perenne</td>
<td>Several, primarily gravelly loamy sand and silty clay loam</td>
<td>N/A</td>
<td>Natural watershed-scale 738 mm 13 mo.⁻¹</td>
<td>MAP# (19–1.3–15)</td>
<td>50 kg ha⁻¹</td>
<td>0.33 yr⁻¹</td>
<td>0.10–0.13</td>
<td>No control</td>
<td>King et al., 2001 (MRP)</td>
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<tr>
<td>C. dactylon</td>
<td>Boonville fine sandy loam (Vertic Albaqualf)</td>
<td>8.5</td>
<td>Natural plot-scale 143 mm yr⁻¹, over 2 yr</td>
<td>N/A</td>
<td>0</td>
<td>4.6 yr⁻¹</td>
<td>1.1–2.6</td>
<td>Gaudreau et al., 2002 (TDP)</td>
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<td></td>
<td>Cecil sandy loam (Typic Kanhapludult)</td>
<td>5</td>
<td>Simulated plot-scale 27 mm h⁻¹, 2 h 4, 24 HAT¹</td>
<td>MAP (10–4.4–8.3)</td>
<td>5</td>
<td>0.12 event⁻¹</td>
<td>1.0</td>
<td>N/A</td>
<td>Shuman, 2002 (DRP)</td>
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<td></td>
<td>MAP (10–4.4–8.3)</td>
<td>4 HAT</td>
<td>0.09 event⁻¹</td>
<td>0.5</td>
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<td></td>
<td>MAP (10–4.4–8.3)</td>
<td>24 HAT</td>
<td>0.04 event⁻¹</td>
<td>1.1</td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>MAP (10–4.4–8.3)</td>
<td>72 HAT</td>
<td>0.04 event⁻¹</td>
<td>1.0</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>MAP (10–4.4–8.3)</td>
<td>168 HAT</td>
<td>0.06 event⁻¹</td>
<td>0.8</td>
<td></td>
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</tr>
</tbody>
</table>

† Loss of applied P calculated as a percentage of the total P applied.
‡ Form of P measured: DRP = Dissolved Reactive P, TP = Total P, MRP = Microbial Respired P, MAP = Manganese Adsorbed P.
plots had greater shoot densities and thus exhibited lower runoff volumes and P losses than unfertilized control plots. In addition to density differences due to fertilization or seeding rates, turfgrass species have inherent differences in shoot density. Linde et al. (1995) observed that creeping bentgrass reduced runoff losses when compared with perennial ryegrass when both grasses were mown at 19 mm. The authors attributed the reduction in runoff volume from creeping bentgrass to its greater shoot density which allowed for increased water infiltration. However, a follow-up study found no differences in runoff volume when soil moisture differences between the two species were controlled (Linde and Watschke, 1997). This suggests that differences in water use and water management among turfgrass species may be more important than differences in density. Indeed, other researchers have found soil moisture content to be highly correlated with runoff volume from turfgrass areas (Shuman, 2002; Easton and Petrovic 2004). However, to our knowledge no studies have been conducted that quantify the potential differences in runoff losses from irrigated and nonirrigated turfs (assuming equal natural precipitation).

In addition to the effects of density and soil moisture on runoff volumes, researchers have determined that increasing mowing height of grasses can decrease runoff losses from turfgrass areas (Cole et al., 1997; Moss et al., 2006), despite the fact that increased mowing height is normally associated with decreased turfgrass shoot density (Madison, 1962). This suggests that mowing height has a greater influence on runoff volumes than shoot density, whether this is the result of a reduction in soil moisture (due to greater evapotranspiration) or an increase in resistance to flow (or both) has not been documented. The assumption that increased mowing height leads to lower runoff volumes is incorporated into the NRCS Curve Number runoff estimation model for turfgrass (Haith, 2000).
### Table 2. Continued.

<table>
<thead>
<tr>
<th>Ground Cover</th>
<th>Soil type</th>
<th>Slope</th>
<th>Runoff generation process and study scale</th>
<th>P source</th>
<th>P application rate</th>
<th>P load</th>
<th>P conc. in runoff</th>
<th>Loss of applied P</th>
<th>Reference (form of P measured)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cool season golf turf in Ontario</td>
<td>Dominantly podzolic or brunisolic</td>
<td>N/A</td>
<td>Natural watershed-scale, Precipitation not reported</td>
<td>Primarily MAP and organic</td>
<td>5–10 yr⁻¹</td>
<td>0.02–0.08 yr⁻¹ (mean 0.03)</td>
<td>0.07–0.23 (mean 0.13)</td>
<td>No control</td>
<td>Winter and Dillon, 2006 (TP)</td>
</tr>
<tr>
<td>A. palustris</td>
<td>Hagerstown clay (Typic Hapludult)</td>
<td>9–11</td>
<td>Simulated plot-scale 152 mm h⁻¹, 0.25 h⁻¹</td>
<td>DAP + aerification</td>
<td>42</td>
<td>0.025–0.065 event⁻¹</td>
<td>0.27–5.13</td>
<td>N/A</td>
<td>Kauffman and Watschke, 2007 (MRP)</td>
</tr>
<tr>
<td>L. perenne</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>C. dactylon and L. perenne</td>
<td>Several, primarily gravelly loamy sand and silty clay loam</td>
<td>N/A</td>
<td>Natural watershed-scale 631 mm⁻¹ April–Dec 1998, 510 mm⁻¹ in 1999, 877 mm⁻¹ in 2000, 965 mm⁻¹ in 2001, 154 mm⁻¹ Jan–Mar 2003</td>
<td>Several</td>
<td>8.2 yr⁻¹</td>
<td>0.51 yr⁻¹</td>
<td>Inflow median = 0.10 (TN) Outflow median = 0.13 (TN)</td>
<td>No control</td>
<td>King et al., 2007 (DRP)</td>
</tr>
<tr>
<td>C. dactylon</td>
<td>Norge silt loam</td>
<td>5</td>
<td>Simulated plot-scale 51 mm h⁻¹, 0.12 h</td>
<td>Untertilled with aerification</td>
<td>0</td>
<td>0.028 event⁻¹</td>
<td>1.2–1.5</td>
<td>1.0–1.8</td>
<td>N/A</td>
</tr>
<tr>
<td>P. pratensis</td>
<td>Batavia silt loam (Fluvaquentic Endoaquoll)</td>
<td>6</td>
<td>Natural plot-scale 817.4 mm yr⁻¹, over 2 yr with approx. 80% of runoff occurring during frozen soil conditions</td>
<td>MAP (21–1.3–10)</td>
<td>9.2 yr⁻¹</td>
<td>2.11 yr⁻¹</td>
<td>NR</td>
<td>No control</td>
<td>Steinke et al., 2007 (TP)</td>
</tr>
<tr>
<td>Prairie mixture of legumes, grasses and forbs</td>
<td></td>
<td></td>
<td>Natural plot-scale 908 mm in 2004, 822 mm in 2005</td>
<td>MAP</td>
<td>9.2 yr⁻¹</td>
<td>0.01 yr⁻¹ (TN)</td>
<td>NR</td>
<td>No control</td>
<td></td>
</tr>
<tr>
<td>P. annua with no buffer strip</td>
<td></td>
<td></td>
<td>Natural plot-scale</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>P. annua with prairie buffer strip</td>
<td></td>
<td></td>
<td>MAP (21–1.3–10)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>P. annua with fescue buffer strip</td>
<td>Silt to sandy loam</td>
<td>1–4</td>
<td>Natural plot-scale 908 mm in 2004, 822 mm in 2005</td>
<td>MAP</td>
<td>N/A</td>
<td>0</td>
<td>0.09 yr⁻¹ (TN)</td>
<td>0.13–0.56 (TN)</td>
<td>N/A</td>
</tr>
<tr>
<td>A. palustris, P. annua and P. pratensis</td>
<td>Clayey, lacustrine, non-calcareous soils</td>
<td>N/A</td>
<td>Natural watershed-scale 353 mm⁻¹ in 2003, 482 mm⁻¹ in 2004, 533 mm⁻¹ in 2005, 418 mm⁻¹ in 2006</td>
<td>Several</td>
<td>13.6 yr⁻¹</td>
<td>0.14 yr⁻¹ (DRP)</td>
<td>Inflow median = 0.01 (TN) Outflow median = 0.015 (TN)</td>
<td>N/A</td>
<td>King and Balogh, 2008 (TP/DRP)</td>
</tr>
<tr>
<td>P. pratensis</td>
<td>Troxel silt loam</td>
<td>6</td>
<td>Natural plot-scale 798 mm yr⁻¹, over 2 yr</td>
<td>Biosolids (6–0.9–0)</td>
<td>0.6</td>
<td>0.37 yr⁻¹</td>
<td>NR</td>
<td>Less than control</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Synthetic (29–1.3–3.5)</td>
<td></td>
<td>0.2</td>
<td>0.34 yr⁻¹</td>
<td>NR</td>
<td>Less than control</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Unfertilized</td>
<td></td>
<td>0</td>
<td>0.54 yr⁻¹</td>
<td>N/A</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

†Loss of applied P calculated as P runoff load in fertilized plot–P runoff load in unfertilized plot)/P fertilizer applied, if no control was used applied P loss cannot be calculated.
‡DP, dissolved phosphorus; DRP, dissolved reactive phosphorus; MRP, molybdate reactive phosphorus; TP, total phosphorus.
¶NR, not reported.
§N/A; not applicable.
#MAP, monoammonium phosphate.
††HAT, hours after treatment.
‡‡TSP, triple super phosphate (0–46–0).
condition of vegetative ground cover in turfgrass areas. Such as Wisconsin's. BMPs related to construction practices in cold climates, snowmelt management should be a higher priority than was not significant. This suggests that BMPs related to runoff volume between compacted and uncompacted lawns, when soils were frozen the difference in annual runoff in turfgrass and prairie vegetation occurred when soil was frozen, respectively. These differences were observed regardless of ground cover. Similarly, Kussow (2008) found no significant correlations between infiltration rate and tiller density, soil bulk density, or soil texture for lawns in central Pennsylvania. They hypothesized that excavation procedures and establishment techniques influenced infiltration/runoff to a much greater extent than the turfgrass properties. Similarly, Kelling and Peterson (1975) found that lawns growing on soils heavily disturbed during home construction had infiltration rates of approximately one-third of non-disturbed sites. The authors concluded that P loss was determined more by the infiltration properties of the soil rather than the amount of applied fertilizer. Kussow (2008) also concluded that runoff volumes play the largest role in determining P runoff losses. It can be concluded that soil characteristics can have as much or a greater influence on runoff P losses than the type and condition of vegetative ground cover in turfgrass areas.

Similarly to the landscape-scale runoff processes, temporal runoff losses from turfgrass areas are poorly understood. Steinke et al. (2007) found over 80% of runoff from turfgrass and prairie vegetation occurred when soil was frozen in Wisconsin. Similarly, Kussow (2008) observed that runoff from snowmelt on Kentucky blue-grass lawn plots in the upper-Midwest accounted for 87% of total annual runoff over a six-year period. During the growing season, the author found increased runoff from turfgrass areas where the subsoil was compacted, but because the majority of the runoff occurred in the winter when soils were frozen the difference in annual runoff volume between compacted and uncompacted lawns was not significant. This suggests that BMPs related to snowmelt management should be a higher priority than BMPs related to construction practices in cold climates such as Wisconsin's.

The runoff P losses summarized in Table 2 are generally similar to or lower than those found in other systems. The 20th and 80th percentile for TP export from tributaries to the Mississippi River near St. Paul, MN from 2001 to 2003 were 0.28 and 0.95 kg ha⁻¹ yr⁻¹ (Kloiber, 2006), which were similar to those reported for Chesapeake Bay tributaries (0.39–0.90 kg ha⁻¹ yr⁻¹) by Langland et al. (1998). These watersheds contain both urban and agricultural land uses, and the P losses reported are similar to those from plot-scale and watershed-scale turfgrass runoff studies (Table 2). Researchers found that golf courses in Texas (King et al., 2007) and Minnesota (King and Balogh, 2008) both contributed significantly to dissolved phosphorus (DP) in streams flowing into the courses from forested/low-density housing (MN) and urban land including an airport (TX). However, these losses have the potential to be reduced by altering the flow path of the stream within the golf course. Kohler et al. (2004) described the benefits of constructed wetlands on a golf course. They found wetlands reduce P export (along with 10 other water quality parameters), effectively cleaning the runoff from the golf course and upper contributing urban watershed.

Runoff P losses from turfgrass tend to be similar to those of pastures and grasslands. A review of New Zealand pastures reported TP losses of 0.11 to 1.6 kg ha⁻¹ yr⁻¹ (Gillingham and Thorrold, 2000). Smith et al. (1992) reported TP losses ranging from 0.02 to 4.39 kg ha⁻¹ yr⁻¹ from several grasslands in Oklahoma of varying land use and condition. While P losses from managed turf are similar to urban and agricultural P losses, side-by-side measurements tend to show elevated P losses from turfgrass areas compared to pristine areas. Winter and Dillon (2006) reported TP export from four forests streams in Canada ranged from 0.02 to 0.15 kg ha⁻¹ yr⁻¹, while TP export from streams transecting two golf courses ranged were 0.7 and 0.33 kg ha⁻¹ yr⁻¹. A Japanese golf course was found to have an average export of 2.1 kg DP kg ha⁻¹ yr⁻¹ over a two year period, while an adjacent forest exported only 0.05 kg DP kg ha⁻¹ yr⁻¹ (Kunimatsu et al., 1999). However, P discharge into the stream from a wastewater treatment plant on the golf course was not quantified.

Leaching Losses of Phosphorus in Turfgrass Systems
Leaching has been considered a minor pathway in many systems for P loss because most soils and subsoils have a high P sorption capacity relative to the amount of P applied (Sims et al., 1998). However, under the following circumstances P leaching can become a major pathway for P loss: fertilized soils with low P sorption capacity (Breeuwsma and Silva, 1992), soils with high organic matter (Duxbury and Peverly, 1978), soils with a large network of macropores (Geohring et al., 2001), and soils with elevated P levels...
in the upper profile caused by long-term or large additions of P (Heckrath et al., 1995). Each of these situations is not uncommon in turfgrass ecosystems.

Sand is a common construction material for golf course putting greens and athletic field root zones. In addition to having high infiltrability, sand-based root zones typically have very low P sorption capacities, receive soluble fertilizers, frequent irrigation, and have subsurface drainage. To date, the largest amount of research on P leaching from turfgrass systems has been conducted on sand-based root zones (Table 3). Results show that annual P-leaching losses from field studies of fertilized sandy soils ranged from 0.03 to 6.1 kg ha\(^{-1}\) (18.5 kg ha\(^{-1}\) in a greenhouse study) with P concentrations observed over 13 mg L\(^{-1}\). Placement of P in sand greens (surface vs. subsurface) was found to have no significant effect on P leaching losses (Guertal, 2007). Although P losses from irrigated sand-based root zones should not be ignored, they account for approximately only 0.35% of all turfgrass areas, as sand-based root zones are confined to high-mainenance athletic fields and golf putting greens. Golf putting greens are usually less than 5% of the area of a golf course (Beard, 2001) and golf courses account for less than 7% of the total turfgrass area in the U.S., as estimated by Milesi et al. (2005) [assuming 16,000 golf courses in the U.S. (National Golf Foundation, 2003) with an average size of 70 ha].

Studies examining P leaching in finer-textured soils have found P losses ranging from 0.2 to 5.4 kg ha\(^{-1}\) (Table 3). Easton and Petrovic (2004) observed annual P leaching losses of 1.3 kg ha\(^{-1}\) for unfertilized turfgrass grown on a sandy loam. In their study, where P leaching loads were estimated from anion exchange resins buried in the soil, P loss increased with the P fertilization rate. Linde and Watschke (1997) observed leaching losses of 1.7 to 2.2 kg ha\(^{-1}\) after 28 simulated rain events over two years, with six of the events preceded by fertilizer applications. Most of the other studies indicate lower P leaching losses from finer textured soils ranging from 0.2 to 0.7 kg ha\(^{-1}\) (Table 3). The single watershed-scale study reviewed (King et al., 2006) found annual P-leaching losses to be 0.46 kg ha\(^{-1}\). For many of the studies, soil P level is not reported and has not been examined as a factor that may influence P leaching. Petrovic (2004) found P leaching to be over three times greater from a silt loam than a sand loam or a sand soil; however, the amount of P leached from fertilized plots was lower than the P leached from the unfertilized control plots for all three soils. This research demonstrates the need for work on how sources other than that directly attributed to fertilizer (i.e., soil P) affect P leaching from turfgrass areas.

Models have predicted increasing soil organic matter content under well-maintained turfgrass systems (Milesi et al., 2005; Pouyat et al., 2006), and researchers have documented increases in soil organic matter in turfgrass systems over time (Porter et al., 1980; Qian and Follett, 2002). High soil organic matter content can also be expected where organic matter (such as compost) is intentionally added to improve soil physical properties. The use of composted manure to improve urban soils appears to be on the rise as animal feeding operations look for innovative ways to export large quantities of manure to meet government-specified water quality goals (Vietor et al., 2002, 2004; Cogger 2005). While some assessments have been made regarding the potential impact of runoff from imported sod on water quality (Richards et al., 2008), the effect on the elevated organic matter levels and soil P levels on P leaching losses has been ignored. Soils that are infrequently disturbed, like those beneath turfgrass, are more likely to have continuous macro pores than frequently disturbed soils. Large discrepancies in chemical transport have been documented between disturbed and undisturbed soil columns from a turfgrass system (Starrett et al., 1996). Macropores are formed by macrofauna (e.g., earthworms), plant roots, and soil physical processes such as shrink/swell, wet/dry, and freeze/thaw cycles (Beven and Germann, 1982). These pores enhance preferential flow and increase loss of chemicals normally considered to be relatively immobile in soils by bypassing the majority of pores in the soil matrix (Cambric et al., 1996). In addition, preferential flow can occur at soil moisture levels much below saturation (Andreini and Steenhuis, 1990). Agricultural field research has observed greater than expected P loss in drainage due to preferential flow pathways (Heckrath et al., 1995, Beauchemin et al., 1998).

Based on the results shown in Tables 2 and 3, it is evident that the reported P-leaching losses are of the same scale as the reported P runoff losses in turfgrass systems. This finding substantiates the need for future research to document P-leaching losses from turfgrass areas, especially those managed similarly to lawns.

**SOURCES OF PHOSPHORUS IN RUNOFF AND DRAINAGE FROM TURF**

To effectively reduce soluble P losses from turfgrass, knowledge of sources and relative contributions to P in runoff from those sources is required. The three potential major sources of P in runoff from turfgrass include fertilizer, soil, and tissue.

**Fertilizer**

**Application Timing**

Application timing plays an important role in the fate of P fertilizer. A portion of the applied P is soluble in water and will be available to runoff. However, as the P dissolves, it is sorbed by the soil, rendering it much less available to runoff and leaching loss. Therefore the window between application and dissolution/sorption is critical. Kelling and Peterson
Table 3. Leaching losses of P from turfgrass systems.

<table>
<thead>
<tr>
<th>Soil test P/ (method)</th>
<th>Soil type</th>
<th>Leachate collection method</th>
<th>P Source</th>
<th>P application rate</th>
<th>P concentration range in leachate (form)</th>
<th>P load</th>
<th>Loss of applied P (form)</th>
<th>Reference (form of P measured†)</th>
</tr>
</thead>
<tbody>
<tr>
<td>kg ha⁻¹</td>
<td></td>
<td></td>
<td></td>
<td>kg ha⁻¹ yr⁻¹</td>
<td>mg L⁻¹</td>
<td>kg ha⁻¹ yr⁻¹</td>
<td>%</td>
<td></td>
</tr>
<tr>
<td>Sand (90% medium + fine sand)</td>
<td>40 cm deep field lysimeter</td>
<td>Superphosphate</td>
<td>25–50⁶</td>
<td>0–0.2</td>
<td>0.03</td>
<td>No control</td>
<td>Lawson and Colclough, 1991 (MRP)</td>
<td></td>
</tr>
<tr>
<td>2:1 sand: sandy loam</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Batavia silt loam (Mollic Hapludalf)</td>
<td>46 cm deep field lysimeter</td>
<td>NR¶</td>
<td>9</td>
<td>0–0.3</td>
<td>0.33</td>
<td>No control</td>
<td>Kussow, 2008 (MRP)</td>
<td></td>
</tr>
<tr>
<td>85/ (Mehlich 3)</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hagerstown clay, depth to bedrock 5– 60 cm (Typic Hapludalf)</td>
<td>15 cm deep field lysimeter</td>
<td>Monoammonium phosphate</td>
<td>6–11</td>
<td>0.41–4.92</td>
<td>1.7–2.2</td>
<td>No control</td>
<td>Linde and Watschke, 1997 (MRP)</td>
<td></td>
</tr>
<tr>
<td>NR Batavia silt loam (Mollic Hapludalf)</td>
<td>46 cm deep field lysimeter</td>
<td>NR¶</td>
<td>9</td>
<td>0–0.3</td>
<td>0.33</td>
<td>No control</td>
<td>Kussow, 2008 (MRP)</td>
<td></td>
</tr>
<tr>
<td>16/ (Mehlich 1)</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sand</td>
<td>25 cm deep field lysimeter</td>
<td>Superphosphate</td>
<td>80</td>
<td>0.11–10.25</td>
<td>NR</td>
<td>NR</td>
<td>Engelsjord and Singh, 1997 (DRP)</td>
<td></td>
</tr>
<tr>
<td>52.5 cm deep greenhouse lysimeter</td>
<td>Several (6 mo.)</td>
<td>Superphosphate</td>
<td>5</td>
<td>0.25–1.0</td>
<td>NR</td>
<td>5.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>52.5 cm deep field lysimeter</td>
<td>Superphosphate</td>
<td>5</td>
<td>0.25–1.6</td>
<td>NR</td>
<td>8.1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>52.5 cm deep field lysimeter</td>
<td>Poly/Sulfur coated Superphosphate</td>
<td>11</td>
<td>0.25–0.6</td>
<td>NR</td>
<td>3.0</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>52.5 cm deep field lysimeter</td>
<td>Poly/Sulfur coated Superphosphate</td>
<td>11</td>
<td>0.25–1.0</td>
<td>6.5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NR Sand</td>
<td>20 cm deep anion exchange resin</td>
<td>N/A</td>
<td>0</td>
<td>N/A⁶</td>
<td>1.3</td>
<td>NA</td>
<td>Easton and Petrovic, 2004 (DRP)</td>
<td></td>
</tr>
<tr>
<td>Arkport sandy loam (Lamellic Hapludalf)</td>
<td>20 cm deep anion exchange resin</td>
<td>N/A</td>
<td>0</td>
<td>N/A⁶</td>
<td>1.3</td>
<td>NA</td>
<td>Easton and Petrovic, 2004 (DRP)</td>
<td></td>
</tr>
<tr>
<td>Arkport sandy loam (Lamellic Hapludalf)</td>
<td>37 cm deep field lysimeter</td>
<td>Monoammonium phosphate</td>
<td>2.1</td>
<td>Max = 0.19</td>
<td>0.2</td>
<td>Less than control</td>
<td>Petrovic, 2004 (DRP)</td>
<td></td>
</tr>
<tr>
<td>Hudson silt loam (Glossaquic Hapludalf)</td>
<td>75 cm deep field lysimeter</td>
<td>Monoammonium phosphate</td>
<td>2.1</td>
<td>Max = 0.12</td>
<td>0.7</td>
<td>Less than control</td>
<td>Erickson et al., 2005 (TDP)</td>
<td></td>
</tr>
<tr>
<td>Sand</td>
<td>75 cm deep field lysimeter</td>
<td>Monoammonium phosphate</td>
<td>2.1</td>
<td>Max = 0.12</td>
<td>0.7</td>
<td>Less than control</td>
<td>Erickson et al., 2005 (TDP)</td>
<td></td>
</tr>
<tr>
<td>Gravelly loamy sand over sandy clay</td>
<td>Drainage outlet from golf course</td>
<td>Monoammonium phosphate</td>
<td>16</td>
<td>0.1–2.2</td>
<td>6.1</td>
<td>No control</td>
<td>King et al., 2006 (DRP)</td>
<td></td>
</tr>
</tbody>
</table>

†DP, dissolved phosphorus; DRP, dissolved reactive phosphorus; MRP, molybdate reactive phosphorus; TP, total phosphorus.

⁶6 kg/ha applied in year 1, 11 kg/ha in year 2.

¶NR; not reported.

§NA, not applicable.
(1975) observed that 10.6% of an applied commercial lawn fertilizer was lost when followed immediately by an intense simulated rain event (90 min, 120 mm h⁻¹). However, by applying a light amount of water without causing runoff, commonly called watering-in, before the simulated storm, average fertilizer loss was reduced by an order of magnitude. Similar results were obtained by Shuman (2004), who found that watering-in reduced P loss compared to not watering-in the fertilizer. This phenomenon has also been observed in studies collecting natural runoff. For example Gaudreau et al. (2002) found greater runoff-P losses from turfgrass treated with composted manure or inorganic P fertilizer compared to control plots when runoff occurred within 3 d of application. However, for the remainder of the runoff events (occurring 27–87 d after treatment), differences in P loss between the treatments were smaller. Easton and Petrovic (2004) found nutrient concentrations in runoff were always highest during the first runoff event following fertilization.

**Application Rate**

Easton and Petrovic (2004) applied five different P fertilizers at the same annual rate on a sandy loam soil, but divided the annual application into two or four separate applications. The treatments that received the twice yearly application resulted in an average increase in P loss in runoff of 4.8%, and a 59% increase in P loss in leachate compared to the treatments applied four times per year. These results suggest that individual fertilizer application-rate influences drainage losses to a much greater extent than runoff losses—likely because drainage volume was much greater than runoff volume for that particular soil. Other studies have found P loss in drainage to be directly related to P application-rate (Shuman, 2001; 2003). When a rain simulator was used to force runoff 4, 24, 72, and 168 h after fertilizer application, Shuman (2002) found P concentrations in runoff to vary directly with fertilizer rate. In Texas, Gaudreau et al. (2002) also found runoff-P loss to vary directly with application rate for both inorganic and organic sources of P during a two-year study during which four natural runoff events occurred.

**Fertilizer Source**

In addition to application timing and application rate, the source of P in fertilizer has been shown to influence P loss in runoff and drainage. Shuman (2001; 2003) found that a soluble inorganic source of P (monoammonium phosphate) was more prone to leaching losses through a sand-based root zone than a controlled release fertilizer (a soluble fertilizer coated with sulfur or a polymer to reduce solubility). However, it is unknown if differences between soluble and controlled release products would be detected on a mineral soil, or if differences in runoff losses of P would be evident between soluble and controlled-release products.

Probably the more important factor is the difference between inorganic and organic sources of P. With few exceptions, lawns are fertilized with a complete fertilizer containing N, P, and K. Because N is the most limiting nutrient for turfgrass growth and quality, universities (and lawn fertilizer manufacturers) will recommend the fertilizer be applied to achieve an application rate of 0 to 73 kg N ha⁻¹ mo⁻¹ for warm season grasses and 0 to 39 kg N ha⁻¹ mo⁻¹ for cool season grasses depending on grass species and expected use (Carrow et al., 2001). Therefore, the amount of P applied to turfgrass is dependent on the fertilizer’s N:P ratio. Gaudreau et al. (2002) found greater runoff losses from inorganic sources than sod fertilized with dairy manure at a rate of 100 kg ha⁻¹. Similarly, Vietor et al. (2004) found sod grown on composted dairy manure to have greater runoff P losses than unfertilized turfgrass, but similar losses to conventionally fertilized turfgrass.

In reality, homeowners apply fertilizer to meet N requirements, and therefore rate and source are difficult to separate. When organic sources of fertilizer are used, although less soluble, they will likely be applied at higher rates than conventional lawn fertilizers (often with N:P$_2$O$_5$ > 10), which can result in greater total P losses (Easton and Petrovic, 2004). When fertilizer or compost with a small N:P ratio is applied, over time soil P levels will elevate, potentially becoming an important source of P in runoff and drainage water. Soldat and Petrovic (2007) found compost applied to turfgrass at rates intended to change soil physical properties (up to 24 mm yr⁻¹) resulted a dramatic increase in soil P levels, which led to increased runoff P losses (Soldat et al., 2008). Organic sources are also known to vary in availability of P to runoff or leaching losses, meaning organic sources with similar P content can have different effects on P concentration in runoff and drainage (Ebeling et al., 2003).

**Soil**

In agriculture, it has been acknowledged that soil P levels influence P concentrations in runoff (Sharpley, 1995) and drainage (Heckrath et al., 1995). Soil test P levels have been shown to be linearly related to P concentrations in runoff from agriculture. Some soils have been shown to exhibit a threshold level of soil test P above which P concentrations in runoff and drainage increase at a greater rate than below it. This phenomenon occurs because of the sorption properties of the soil, which are influenced by texture, mineralogy, and management practices. Soils with elevated P levels that may be prone to excessive runoff or leaching losses are common in systems where inputs (fertilizers, compost, manure, etc.) greatly exceed outputs (crop removal) over the long-term.

Despite the known importance of soil P level on runoff and drainage losses in agriculture, the effect of soil P level on P losses in turfgrass systems is largely unknown. Barten

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and Jahnke (1997) found a poor correlation ($r^2 = 0.15$) between soil test P and P in runoff from turfgrass across a range of 7 to 73 kg ha$^{-1}$ Bray-1 P. Victor et al. (2004) found runoff total-dissolved-phosphorus (TDP) losses to be directly related to acidified ammonium acetate-extractable soil P. Similarly, Soldat et al. (2008) found soil test level was an adequate predictor of P in runoff from turfgrass across a very wide range of soil P levels, with the highest soil P levels related to large applications of manure-based compost applications. However, across the range of soil test levels common to home lawns in NY, soil test level was not a good indicator of P concentration in runoff caused by large variance in the relationship between soil P and runoff P at relatively low soil P levels (<50 mg kg$^{-1}$ Morgan-extractable soil P). In agriculture, management plays a very large role in determining how soil P affects P loss. Turfgrass management practices differ greatly from those used in agriculture and it will be necessary to understand these relationships to more effectively reduce P losses from turfgrass areas.

To realize the relative potential contribution from turfgrass soils in our urban watersheds, more information is needed on actual soil P levels for turfgrass areas in the U.S. A very limited amount of data currently exists, most analyzed from the relatively small amount of unsolicited (non-random) soil samples sent into testing labs for analysis. These surveys tend to report that well over half of the lawns have soil P levels above the research-based optimum level required for growth.

**Tissue**

Although direct measurement has yet to be done of the contribution that plant tissue makes to P runoff from turfgrass areas, plant tissue has been shown to contribute significantly to P in runoff from other crops such as cotton (Sharpley, 1981) and pasture grass (McDowell et al., 2007). A relatively large amount of P can be concentrated above-ground in turfgrass areas. At any one time, a typical amount of above-ground turfgrass biomass might be 10,000 kg ha$^{-1}$ (Lush, 1990). Turfgrass leaf tissue usually contains 0.20 to 0.50% P by weight (Guillard and Dest, 2003; Johnson et al., 2003; Miller and Thomas, 1999), meaning 20 to 50 kg ha$^{-1}$ of P exists above-ground, up to 5 to 10% of which may be water soluble (Tukey, 1970; Sharpley, 1981) and therefore potentially available to runoff. These figures represent the constant above-ground biomass and do not take into account clipping production, which can amount to a significant increase in tissue P available to runoff or leaching. Kussow (2004) observed that freshly mown *P. pratensis* L. shoots contain 0.6 kg ha$^{-1}$ of water soluble P, an amount that could account for a very substantial portion of the observed runoff losses summarized in Table 2. Water soluble P increased when the turfgrass tissue was dried and frozen. However, limited field research to date has not shown greater P losses from plots where clippings are returned compared to those where clippings are removed (Kussow, 2008).

**KNOWLEDGE GAPS AND FUTURE RESEARCH NEEDS**

The effect of turfgrass on water quality is an important issue that deserves further study. Several research opportunities have been identified in this review to increase our understanding of P loss and provide effective strategies for reducing P loss from urban and suburban areas. Perhaps the first priority is to collect accurate information on the turfgrass management practices (fertilization rates, timing, sources, clipping management, soil P levels, and irrigation) of homeowners and how they relate to soil properties and soil P levels of urban areas. This information will be useful in identifying where immediate gains can be made through educational outreach programs.

Future research should focus on the spatial and temporal variability of runoff from turfgrass areas and urban ecosystems in general. The results from these studies would be more useful in developing targeted BMPs for reducing P loss than plot-scale studies which are confined to a specific location in a watershed. The importance of understanding spatial and temporal runoff processes from turfgrass have been emphasized (Easton and Petrovic, 2008; Kussow, 2008), yet more work is needed to be able to accurately predict P losses from turfgrass areas. Because turfgrass areas account for the majority of pervious area in urban ecosystems, the infiltration characteristics of the turfgrass areas affect the hydrology of the urban watershed. Previous research has highlighted the major impacts that home construction can have on the infiltration of turfgrass areas. Future research should focus on techniques that will allow modern home construction practices to continue without significantly reducing soil infiltrability. As suburban areas continue to expand in the U.S., opportunities for implementing watershed-scale research should be relatively easy to identify in many areas throughout the U.S.

Future research efforts should also focus on the relative contribution of P from fertilizer, soil, and tissue to runoff and drainage losses from turfgrass under a range of soil types and management regimes (especially irrigation impacts). The effect of soil P level on P in runoff and leaching has particularly been ignored and should be examined in more detail. Information generated by these studies will be helpful for developing BMPs for achieving reductions in P loss from turfgrass areas.

**CONCLUSIONS**

Annual fertilizer inputs were estimated to be 2 to 10 kg ha$^{-1}$ based on a review of the analysis of typical commercial lawn fertilizers and common homeowner fertilization practices. These fertilizer inputs are slightly lower than the outputs from clipping removal (0.4–7.5 kg ha$^{-1}$ yr$^{-1}$), estimated from
a homeowner surveys. Because of the large and expanding amount of turfgrass in the U.S., more information should be collected regarding homeowner lawn-maintenance practices to help assess the water quality risk associated with lawn maintenance. Unbiased (random) information regarding soil P levels of lawns is particularly lacking.

Runoff and leaching losses of P have been shown to be very high when runoff or drainage occurs shortly after a P fertilizer application, with up to 18% of the applied fertilizer being subject to loss. Research has identified several effective strategies for minimizing losses associated with P losses following fertilization. These include (i) applying P fertilizer only when need is indicated by a soil test, (ii) lightly “watering-in” P fertilizer to speed dissolution into soil, (iii) withholding P application before large expected rain events, and (iv) constructing wetlands to attenuate stormwater flow and reduce P export from large turfgrass areas.

A review of the literature found that sediment loss from established turfgrass areas is very low, even in relatively low-density turfgrass stands. Studies collecting runoff from natural rainfall or snowmelt events have found that P losses from fertilized and unfertilized turfgrass areas are generally <1 kg ha⁻¹ yr⁻¹. These losses are not dissimilar to inputs of atmospheric deposition in urban areas, shown to be between 0.15 and 0.77 kg P ha⁻¹ yr⁻¹.

Leaching losses of P can be substantial in fertilized soils with a low P sorption capacity, like sand. However, the few studies that measured P losses from finer-textured soils (greater P sorption capacities) have shown to be similar in magnitude to runoff losses. This suggests that more work is required to understand the potential impact of P leaching on water quality from turfgrass areas, particularly the effect of soil P on P loss. In addition, future research should also focus on the spatial and temporal variability of P losses from turfgrass areas.

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Freezing and thawing effects on phosphorus release from grass and cover crop species

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Freezing and thawing effects on phosphorus release from grass and cover crop species

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Cover crops, grassed buffer zones along watercourses and grassed waterways are recommended for mitigating erosion and phosphorus (P) losses from fields with arable crop production. There are, however, concerns that plant covers may release dissolved P and contribute to P loss after plant freezing. The objective of this study was to evaluate P release after freezing from different plant species of interest for use either as cover crops or in grassed buffer zones/waterways. In the laboratory, seven plant species (red clover (Trifolium pratense L.), timothy (Phleum pratense L.), annual ryegrass (Lolium multiflorum Lam.), hairy vetch (Vicia villosa Roth.), rye (Secale cereale L.) oil radish (Raphanus sativus L. var. oleiferus) and winter rapeseed (Brassica napus L. var. oleifera f. biennis)) were subjected to daily freeze–thaw cycles (FTCs; −10°C/+5°C) for one week. In a two-year outdoor experiment located under a roof to protect the plants from rain and snow, eight plant species (white clover (Trifolium repens L.), timothy, meadow fescue (Festuca pratensis L.), smooth meadow grass (Poa pratensis L.), annual ryegrass, perennial ryegrass (Lolium perenne L.), rye and hairy vetch) were subjected to winter temperatures. The plants were sampled in winter and spring. The results showed that after seven FTCs in the laboratory, less than 15% of the total phosphorus (TP) was water-extractable P for all species except oilseed radish for which 32% of the TP was water extractable. In the outdoor experiment, the plants were exposed to temperatures below −20°C during both winters. Depending on the plant species, 18–42% and 17–48% of the TP was water extractable in the spring of the first and second year, respectively. The minimum temperatures and the plant growth conditions were important for the ranking of different plant species with respect to the risk of off-season P leaching.

Keywords: cover crops; grassed buffer zones; grassed waterways; phosphorus mitigation; water-extractable phosphorus

Introduction

Agriculture is a significant contributor of phosphorus (P) to surface water, which results in eutrophication of fresh water bodies. In Nordic climates, erosion during autumn and winter is an important transport process for P in regions with arable crop production (Øygarden 2000). Grassed buffer zones along watercourses and grassed waterways are recommended options for mitigating erosion and P losses. However, an increased run-off of dissolved P from fields with plant cover has been reported to occur after freezing (e.g., Uhlen 1988; Børresen & Uhlen 1991; Uusi-Kämpä & Jauhiainen 2010). The plant cover may contain a significant amount of P. For example, the regrowth of harvested grass contained 2.4–4.4 kg P ha⁻¹ (Räty et al. 2010) and 0.7–13.6 kg P ha⁻¹ (Uhlen 1988) before frost, and an English ryegrass (Lolium perenne L.) cover crop contained 1.7 kg P ha⁻¹ in November (Ulén 1997). Børresen and Uhlen (1991) found that the concentration of dissolved reactive P (DRP) in run-off from cover crop plots with ryegrass was 0.15 mg P L⁻¹ before freezing and 0.68 mg P L⁻¹ after freezing. Uhlen (1988) observed an average threefold increase in TP and a sevenfold increase in DRP concentrations in run-off from grassland compared with autumn-ploughed soils on plots with low erosion risk. In addition, the P losses increased with increasing amounts of grass residues.
retained on site in autumn. In a run-off experiment where grassed buffer zones with mowing were compared with vegetated buffer zones without any management, the loss of DRP from the buffer zones without management was 60% higher than that from the buffer zones with mowing (Uusi-Kämppä and Jauhiainen 2010). Damage to plant cells by freezing and subsequent release of dissolved P results in the increased losses of DRP during winter and spring. The P loss from the above-ground plant biomass during winter varies considerably between years and depends on climatic conditions. In a four-year experiment conducted in south-eastern Norway, the yearly average P loss from the above-ground biomass of white clover (*Trifolium repens* L.), annual ryegrass (*Lolium multiflorum*, Lam.) and meadow fescue (*Festuca pratensis* L.) ranged from 11% to 60% (Sturite et al. 2007).

In a laboratory experiment in which plant samples harvested from buffer zones were subjected to repeated freeze–thaw cycles (FTCs; −18°C/+4°C), 60–80% of biomass P was released during four FTCs (Uusi-Kämppä 2007). Bechmann, Kleinman, et al. (2005) found that 100% of P in annual ryegrass grown in greenhouses was released during six FTCs (−18°C/+10°C). Less than 1% of P in annual ryegrass was released without freezing, whereas 41% was released after one FTC. A comparison of P release between annual and perennial crops following FTCs with a minimum temperature of −18°C revealed that the amount of P released from above-ground biomass was generally lower in perennial grasses than annual crops (Bechmann, Krosgstad, et al. 2005; Liu et al. 2013). Lower P release from perennial crops can be explained by their adaptation to freezing stress, which has been demonstrated by Sakai and Larcher (1987). However, an effective reduction in P losses from perennial plants requires that growth has ceased before frost. White (1973) observed a higher nutrient release from vegetation that was actively growing at the time of the freeze compared with mature vegetation.

When aiming to minimise P run-off from agricultural fields, uncertainties remain regarding the P losses from fields where cover crops or grassed buffer zones and waterways are used to mitigate P run-off. For example, the plant species that will minimise P losses from plant cover during winter and spring need to be identified. Field studies comparing P release from different plant species are limited. In addition, some laboratory experiments with freeze–thaw cycles were performed using greenhouse-grown plants with rapid growth and a lack of winter adaptation (e.g., Bechmann, Kleinman, et al. 2005; Bechmann, Krosgstad et al. 2005; Liu et al. 2013). Further, the freeze–thaw cycles were performed using a high temperature amplitude (e.g., −18°C/ +10°C or −18°C/+20°C) and only for a few days. The results from these experiments are probably not applicable to conditions where plants have been allowed to mature before the frost and where minimum temperatures are higher than −18°C. The results from these experiments are probably not applicable to conditions where plants have been allowed to mature before the frost and where minimum temperatures are higher than −18°C. The coastal areas of the Nordic countries usually have mild winters despite the high latitude, and due to climate change, the average winter temperature is expected to increase (Cicero 2009). During a long winter, biological decay processes will contribute to cell damage, but short-term laboratory experiments do not reflect the effect of these decay processes. Experiments conducted throughout an entire winter season are needed to reflect the effect of decay processes on P release.

Therefore, the objectives of this study were to (1) evaluate the P release from different plant species that were allowed to mature before they were exposed to either controlled FTCs with a low temperature amplitude that reflects the Nordic coastal climate or naturally occurring freeze–thaw conditions during an entire winter season; (2) provide a basis for the selection of plant species for buffer zones, grassed waterways or cover crops with the lowest risk of contributing to P run-off after freezing. The results from two different experiments examining the freezing and thawing effects on P release are included in this study. In the first experiment, samples of seven plant species were collected from the field in autumn and subjected to FTCs in the laboratory. In the second experiment, eight plant species were grown outdoors in pots under a roof and samples for measuring the release of water-extractable P were collected during winter and spring.

**Materials and methods**

**Laboratory experiment**

Seven plant species were included in the laboratory experiment. Five of these species (i.e., annual ryegrass (*L. multiflorum* Lam.), hairy vetch (*Vicia villosa* Roth.), rye (*Secale cereale* L.), oil radish (*Raphanus sativus* L. var. oleiferus) and winter rapeseed (*Brassica napus* L. var. oleifera f. biennis)) were collected from a cover crop experiment, and the two remaining species (red clover (*Trifolium pratense* L.) and timothy (*Phleum pratense* L.)) were collected from a farmland meadow at the end of October. The cover crops were sown in the middle of August on a loamy sand. No fertilisers were applied. All species were relatively small (shorter than 10 cm) and in the leaf formation stage at harvest because of low temperatures in September (average 11.1°C) and October.
(average 8.3°C). The meadow from which timothy and red clover were collected was fertilised in spring and after the first harvest. The second harvest was in early autumn, and the plants were in a vegetative stage when collected at the end of October. At harvest, the plants were clipped approximately 2 cm above the soil surface. All plant material for each species was pooled into one sample (replicates were made when preparing the sub-samples by randomly selecting individual plants from the pooled samples). The TP concentrations in the different plant species are presented in Table 1.

From each plant sample, 15 fresh sub-samples were prepared by weighing 3 g of plant material into 100-ml glass bottles. The plant samples were subjected to up to seven FTCs, each consisting of 12 h at −10°C and 12 h at +5°C. Triplicate sub-samples were collected after one, two, three, five and seven cycles and stored at +4°C until all cycles were completed.

### Outdoor experiment

The outdoor experiment focused on species suitable for grassed buffer zones and waterways, in addition to species suitable for use as cover crops. The selected cover crop species were those from the cover crop experiment with the best properties regarding establishment when sown in August. Eight plant species were included in the experiment: white clover (*T. repens* L.), timothy, meadow fescue (*F. pratensis* L.), smooth meadow grass (*Poa pratensis* L.), annual ryegrass, perennial ryegrass (*L. perenne* L.), rye and hairy vetch.

The outdoor experiment was located in Ås in south-eastern Norway (59°40′ N, 10°46′ E) and performed in two winters, 2009/2010 and 2010/2011. Each species was sown in commercial peat substrate in three (2009) or four (2010) 20-L boxes with a surface area of 0.12 m². The plants were placed outdoors under a light-permeable roof and were not exposed to rain nor snow cover. The soil was kept moist by regular watering until growth ceased in late autumn.

In the first year (2009/10), the concentrations of plant available nitrogen (NH₄-N+NO₃-N), potassium (K-AL) and P (P-AL) in the peat substrate were 85 mg N/L, 275 mg K/L and 50 mg P/L, respectively. P-AL and K-AL were determined according to Egnér et al. (1960). In the second year (2010/11), the concentrations of NH₄-N+NO₃-N, K-AL and P-AL in the peat substrate were 140 mg N/L, 149 mg K/L and 70 mg P/L, respectively. No additional nutrients were added. The sowing, harvesting and sampling times are shown in Table 2. Rye and hairy vetch were sown later than the other species to prevent shoot production. All species except rye and hairy vetch were cut to a height of 5 cm, without sampling, in the middle of August. In the first year, there were a few nights with a slight frost and temperatures dropped to −4°C before the first sampling date. In the second year, the data for hairy vetch at third sampling are missing because roe deer ate the plants after the second sampling date.

At each sampling date, the plants from a portion of each box were harvested and pooled into one sample (replicates were made when preparing the sub-samples by randomly selecting individual plants from the pooled samples). The plants were clipped to a height of approximately 2 cm above the soil surface. The total plant P concentrations measured in both years are presented in Table 1.

### Table 1. Total phosphorus (TP) concentrations in the different plant species used in the laboratory experiment (27 October 2008) and in the outdoor experiment at each of the harvesting dates.

<table>
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<tbody>
<tr>
<td>White clover</td>
<td>2.9</td>
<td>2.9</td>
<td>4.1</td>
<td>2.7</td>
<td>3.8</td>
<td></td>
</tr>
<tr>
<td>Red clover</td>
<td>3.2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hairy vetch</td>
<td>5.4</td>
<td>4.1</td>
<td>3.9</td>
<td>7.3</td>
<td>6.7</td>
<td></td>
</tr>
<tr>
<td>Oilseed radish</td>
<td>4.7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Winter rapeseed</td>
<td>4.5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rye</td>
<td>6.2</td>
<td>3.5</td>
<td>3.7</td>
<td>8.6</td>
<td>7.1</td>
<td>6.3</td>
</tr>
<tr>
<td>Annual ryegrass</td>
<td>3.1</td>
<td>2.7</td>
<td>2.8</td>
<td>6.3</td>
<td>7.0</td>
<td>6.8</td>
</tr>
<tr>
<td>Perennial ryegrass</td>
<td>2.3</td>
<td>2.4</td>
<td>5.6</td>
<td>4.6</td>
<td>5.0</td>
<td></td>
</tr>
<tr>
<td>Timothy</td>
<td>3.9</td>
<td>3.4</td>
<td>5.4</td>
<td>4.5</td>
<td>4.8</td>
<td></td>
</tr>
<tr>
<td>Meadow fescue</td>
<td>3.2</td>
<td>2.5</td>
<td>8.5</td>
<td>8.3</td>
<td>8.3</td>
<td>6.9</td>
</tr>
<tr>
<td>Smooth meadow grass</td>
<td>2.9</td>
<td>3.6</td>
<td>4.8</td>
<td>4.6</td>
<td>4.8</td>
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</table>

Note: Data from 19 October 2009 to 25 March 2010 are from the first experiment, and the subsequent dates are from the experiment repeated the following year.
In the first year, temperature data were collected from a weather station approximately 300 m from the site where the plants were located. The temperature was expected to be slightly different under the roof compared with the weather station; therefore, a temperature logger was placed under the roof during the second year, and the data from this logger were compared with the weather station data. For nighttime temperatures between 0°C and +5°C, similar temperatures were measured under the roof and at the weather station; for nighttime temperatures between −10°C and 0°C, the temperatures were on average 0.5−1.0°C higher under the roof than at the weather station, and for nighttime temperatures lower than −10°C, the temperatures were on average approximately 1.5°C higher under the roof.

**Chemical analyses**

Water extractions of the plant samples from the laboratory experiment were performed after seven FTCs were completed. The samples were extracted by adding 80 ml of distilled water to bottles containing 3 g of the samples and shaking these on a horizontal shaker (75 rpm) for 1 h at room temperature. The plant samples from the outdoor experiment were extracted on the same day they were harvested. Here, triplicate 2.0-g samples were added to 90 ml of distilled water and shaken for 1 h. The extracts were filtered through a Whatman 589/3 blue ribbon filter with a 2-µm pore size, and phosphate concentrations were measured using the molybdenum blue method (Murphy & Riley 1962). TP concentrations in the extracts were determined using Inductively Coupled Plasma Atomic Emission Spectroscopy (ICP/AES). The TP concentration in the extracts is referred as releasable P.

The dry matter content of the plant material was determined by drying plant samples at 60°C. Then, the samples were ground and the P concentration was determined using ICP/AES after digestion using ultrapure nitric acid and hydrogen peroxide in closed Teflon vessels in a microwave oven (Rodushkin et al. 1999).

**Statistical analyses**

Analysis of variance was performed on P released from the different plant species. The Tukey-Kramer (HSD) multiple comparison test was used to compare means (P < 0.05). The data were analysed using JMP 5.0 software (SAS Institute 2006).

**Results**

**P release from different species in the laboratory**

Most of the P released from plants after freezing was DRP (Figure 1). Depending on plant species, 67–82% of TP in the extracts was DRP; the remaining P was probably organic P compounds. The amount of P released after freezing and thawing at −10°C/+5°C was low for most of the plant species examined in this experiment. After seven FTCs, less than 15% of total plant P was released by all species except oilseed radish, which released 32% of total plant P (Figure 1). The lowest releasable P values were found for timothy, i.e., only 1% of TP was released after seven FTCs.

![Figure 1. Part of plant total phosphorus (TP) released from different plant species after one or seven freeze–thaw cycles (FTCs) (−10°C/+5°C). Released P is presented both as TP and dissolved reactive P (DRP). Columns with the same letter are not significantly different at the 0.05 probability level (n = 3). Lower and upper case letters represent TP released after 1 and 7 FTCs, respectively.](image-url)
For all species except annual ryegrass, the increase in P release following the first FTC was low. Hairy vetch showed lower P release after seven FTCs than after one FTC. The effect of the number of FTCs on annual ryegrass and timothy is demonstrated in more detail in Figure 2. The release of P from timothy was at the same low level during five FTCs and then showed a small increase during the next two cycles. Annual ryegrass released the same amount of P during the first three cycles and then showed a considerable increase during the following four cycles.

### P release from different species under natural winter temperatures

The aim of this experiment was to investigate the effect of a winter with temperatures that fluctuate around 0°C. Over the period from 1993 to 2004, the average number of freeze-thaw cycles during the winter season at the experimental site (Ås) was 15 (Deelstra et al. 2009). Unfortunately, both winters were colder than normal: there was continuous frost for approximately 2.5 months and a minimum temperature of −30°C during the first winter, and continuous frost for approximately 1.5 months and a minimum temperature of −27°C during the second winter. Daily average temperatures from September to April for 2009/2010 and 2010/2011 are shown in Figure 3.

Most of the P released from plants after freezing was DRP, which corresponds with the results from the laboratory experiment. In plants sampled in March of the first year, 66–82% of released TP was DRP. In the second year, 55–91% of released P was DRP for plants sampled in January, and 70–81% for plants sampled in April.

Depending on plant species, the average values of TP that were released in spring of the first year varied from 18% to 42%, whereas 17–48% of TP was released in the second year (Figure 4). There were large differences between the replicates for some of the species, and therefore, only a few of the differences between species were statistically significant (Figure 4). In the first year, the releasable portion of TP in timothy was significantly higher compared with the other species. In the second year, the releasable portion of TP in annual ryegrass and rye was significantly higher than for white clover and smooth meadow grass.

By combining the results from both years for the monocotyledons, the releasable P in timothy was significantly higher than that in smooth meadow grass and meadow fescue (Figure 5). The results from the second year showed that the increase in releasable P occurred mainly before sampling was conducted in January (Figure 6). The increase in releasable P from September to January was significant for all species except white clover. From

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**Figure 2.** Water-extractable phosphorus (P) in annual ryegrass and timothy over an increasing number of freeze-thaw cycles (FTCs) \((n = 3)\).

**Figure 3.** Daily average temperatures (°C) from September to April 2009/2010 and 2010/2011 measured at a weather station close to the experimental site.
January to April, there was a significant increase in releasable P only for perennial ryegrass and timothy.

**Discussion**

**P release from different species in the laboratory**

In regions with unstable winter conditions, temperatures may fluctuate around freezing numerous times during winter. The results revealed that at these temperatures, only a small amount of plant P was released from most of the species tested, at least in the short term (Figure 1). The exception was oilseed radish, for which 32% of P was released after seven FTCs.

Oilseed radish is an annual plant species and therefore not adapted to survive winter conditions. Without this adaptation, plant cells are easily damaged by frost and P is released by subsequent leaching. The importance of winter adaptation for resisting cell damage by frost was also demonstrated in the difference between annual ryegrass and timothy (a perennial species). Only 1% of P was released from timothy, whereas 13% was released from annual ryegrass. Hairy vetch showed lower P release after seven FTCs than after one FTC. This was probably caused by the difficulties associated with collecting representative samples of dicotyledons, which are comprised of stems and leaves. It is likely that the stems and leaves have different P concentrations and different susceptibility to cell damage caused by frost. Such differences between leaves and stems have been demonstrated for alfalfa (*Medicago sativa* L.; Roberson et al. 2007).

The P release from grass species in the present study was considerably lower than that reported for a comparable experiment, but with a lower minimum temperature (−18°C) (Bechmann, Kleinman, et al., 2005; Bechmann, Krogstad, et al. 2005). These authors reported that 100% of P in annual ryegrass, approximately 50% in perennial ryegrass and 30% in meadow fescue was released after six daily FTCs of −18°C/+10°C. The considerably higher P release in this experiment may be explained by the lower minimum temperature. In addition, however, the plants used in the experiment were grown under high temperatures in the greenhouse and winter adaptations were not induced. Riddle and Bergström (2013) also reported a high proportion of releasable P after freezing of perennial ryegrass that was grown in a greenhouse. From their data, it was calculated that 77% of P was released during three FTCs of
−18°C/+20°C. In an experiment where plant samples were collected from annual ryegrass, oilseed radish and red clover fields in autumn, frozen at −18°C and thereafter leached, it was found that approximately 30% of plant P was lost from oilseed radish and annual ryegrass, whereas 20% was lost from red clover (Miller et al. 1994). This oilseed radish value is similar to that measured in the present study with freezing at −10°C. However, the annual ryegrass value is six times higher than that measured after a freeze episode at −10°C in the present study.

P release from different species under natural winter temperatures

The laboratory experiments discussed above were performed over a period of seven to eight days. During a winter of several months, additional processes may take place and influence the amount of plant P that is released. For instance, biological decay processes are expected to occur and contribute to cell damage. Therefore, the outdoor experiment was performed to evaluate the risk of P release from different plant species after an entire winter with naturally occurring temperatures, but protected from rain and snow. The protection from rain and snow was necessary for collecting plant samples that were not leached beforehand. However, the lack of snow cover resulted in the plants being exposed to a greater number of days with low temperatures than would have occurred naturally. The releasable P measured in spring for plants exposed to minimum winter temperatures below −20°C (Figure 4) was considerably lower than the values reported by Bechmann, Kleinman, et al. (2005), Bechmann, Krogstad, et al. (2005) and Riddle and Bergström (2013) for immature plants and minimum temperatures of −18°C, but within the range reported for an outdoor experiment with white clover, meadow fescue and annual ryegrass (Sturite et al. 2007). This demonstrates the importance of the growth conditions prior to the freezing episodes for the obtained results.

The results from the second year of the experiment show that the increase in releasable P occurred mainly before sampling was conducted in January (Figure 6). Several days with temperatures below −15°C before sampling was conducted in January resulted in cell damage and therefore increased the amount of releasable P. However, perennial ryegrass and timothy also showed a significant increase in releasable P after the January sampling, which demonstrates the effect of a prolonged winter period on releasable P from plant cover.

The relative differences in P release between the species were different for the two years (Figure 4). Compared with perennial grasses and the results reported by Bechmann, Kleinman, et al. (2005), an unexpected low P release from annual ryegrass was observed in the first year. In the second year, however, the average P release from annual ryegrass was among the highest. By combining the results from both years for the monocotyledons, a statistically significant lower P release occurred from smooth meadow grass and meadow fescue compared with timothy. Timothy has broader leaves than these species, and this feature may be important for susceptibility to cell damage caused by frost. Earlier experiments have demonstrated lower winter losses of P from meadow fescue than from white clover or annual ryegrass (Sturite et al. 2007).

Comparison of laboratory and outdoor experiments

Four species were in common to the laboratory and outdoor experiment, i.e., annual ryegrass, rye, hairy vetch and timothy. The portion of releasable P was considerably higher in the outdoor experiment compared with the laboratory experiment for all species (Figures 1 and 4). In addition, the ranking of different plant species with respect to the risk of off-season P leaching differed. For example, in the laboratory experiment where the minimum temperature was −10°C, the lowest releasable P value was found for timothy. In the outdoor experiment where winter temperatures dropped below −20°C, however, the amount of P released from timothy was either the highest or among the highest of the tested species.

A comparison of the results from the present study with previous studies indicates that the plant growth conditions prior to the freeze–thaw experiments are important for the amount of TP that is released. The results from experiments with greenhouse-grown plants, for which winter adaptations were not induced, appear to overestimate the potential for P release following freezing episodes.

The ranking of different plant species with respect to the risk of off-season P leaching depends on the minimum temperature. The present study indicates that meadow fescue and smooth meadow grass may be appropriate choices for grassed buffer zones and waterways when aiming to minimise P run-off; however, additional studies under different temperature regimes are needed to ensure the selection of appropriate plant species.

Disclosure statement

No potential conflict of interest was reported by the authors.
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